

**Towcester U3a Groups. Updated 1st October 2024. 50 Groups.**

TOPIC	Group Leader	Contact Details	When	Where
Alternative Poetry	Eileen Dickens	<a href="mailto:eandgd17@gmail.com">eandgd17@gmail.com</a>	3rd Friday. 10.30-12pm	The Bell Plantation (conservatory)
Art Appreciation 1 (Waiting list)	Tony Pearson and Sue Dewey	<a href="mailto:tony@diantony.com">tony@diantony.com</a> 07789072014 <a href="mailto:susandewey10@gmail.com">susandewey10@gmail.com</a>	3rd Tuesday, 10-12pm	Tove Valley Centre
Art Appreciation 2 (Waiting list)	Sue and Chris Turner	<a href="mailto:c.turner26@btinternet.com">c.turner26@btinternet.com</a>	2nd Thursday. 10.30-12.30pm	Tove Valley Centre
Badminton	Madeleine Wain and Dave Boshier	<a href="mailto:madeleine.wain@talktalk.net">madeleine.wain@talktalk.net</a> <a href="mailto:bosherdave@gmail.com">bosherdave@gmail.com</a>	Mondays, 11.15 -12.15pm	Towcester Leisure Centre
Ballroom dancing	Peter Conquest	<a href="mailto:pjfc1941@gmail.com">pjfc1941@gmail.com</a> 07722 389712	Wednesdays 2.30 - 4.0pm weekly	Tove valley Centre
Birdwatching	Brian Horner	01327 352333 07415 849231 <a href="mailto:b.horner115@btinternet.com">b.horner115@btinternet.com</a>	1st Wednesday AM and days may vary in future.	Various locations.
Book Club	Susan Dewey	<a href="mailto:susandewey10@gmail.com">susandewey10@gmail.com</a>	1st Monday (except Bank hols)	Members' homes
Boys' Toys (Waiting list)	John Ash and Ray Paice.	<a href="mailto:jash1012002@yahoo.co.uk">jash1012002@yahoo.co.uk</a> <a href="mailto:raypaice@aol.com">raypaice@aol.com</a>	1st Tuesday (usually)	The Brave Old Oak, Towcester
Boys' Toys 2 (Waiting list)	David Alderson	<a href="mailto:dandaa@tiscali.co.uk">dandaa@tiscali.co.uk</a>	1st Wednesday. <b>Group currently full.</b>	Oak Room, Saracens Head
Bridge	Wendy Watts, Tracey Smith.	<a href="mailto:wendy1.watts@btinternet.com">wendy1.watts@btinternet.com</a> 07906077055 <a href="mailto:tracey061261@gmail.com">tracey061261@gmail.com</a> 07763377940	Weekly Monday, 1.45pm	Pattishall Parish Hall.
Canasta	Gillian Combes	<a href="mailto:gpupty@icloud.com">gpupty@icloud.com</a>	2nd Wednesday and 4th Tuesday, 2pm	Moorfields, Buckingham Way, Towcester.
Chess	David Ward	<a href="mailto:dward48@btinternet.com">dward48@btinternet.com</a>	Mondays, every 2 weeks. 10.30am	Saracens Head, Towcester.
Church Visits	Gill Phillips and Sue Richards	<a href="mailto:gillp1903@gmail.com">gillp1903@gmail.com</a> <a href="mailto:suerichards200344@gmail.com">suerichards200344@gmail.com</a>	1st Wednesday	Various local churches
Coffee and Current Affairs (Waiting list)	Denise Rowe	01327 350405 <a href="mailto:serendipity.rowe@yahoo.co.uk">serendipity.rowe@yahoo.co.uk</a>	Last Monday. 10am.	Towcester Library. <b>Group is currently full.</b>
Creative Writing	Anne Webb	07745672870 <a href="mailto:anne.webb@yahoo.co.uk">anne.webb@yahoo.co.uk</a>	1st Friday. 10am	To be decided.
Dutch Language	Deidre Galloway	01327 857873 <a href="mailto:deidre.galloway@talktalk.net">deidre.galloway@talktalk.net</a>	Weekly Thursday 2.30pm	Member's Home
Folk Dancing (Waiting list)	Lynne Tebbenham	01327 352139 <a href="mailto:lynne.teb@gmail.com">lynne.teb@gmail.com</a>	Weekly, Thursday. 2-4pm	Towcester Town Hall
French Intermediate (Full)	Alison Walker	<a href="mailto:alisonwalker99@googlemail.com">alisonwalker99@googlemail.com</a>	1st and 3rd Tuesday. 10-12pm	Sawpits, Towcester.
Gardening (Organic and wildlife)	Jenny Rigby	01327 860252 <a href="mailto:jrigby9@gmail.com">jrigby9@gmail.com</a>	1st Wednesday. 2pm	Members' homes
Garden Visits	Carole Hunt	01327 352564 <a href="mailto:HUNT_C6@sky.com">HUNT_C6@sky.com</a>	2nd Wednesday	Various venues
Genealogy 1 Intermediate/Advanced	Judith Laslett	01604 832023 <a href="mailto:judith_laslett@yahoo.co.uk">judith_laslett@yahoo.co.uk</a> Roland Tebbenham <a href="mailto:rtebbenham@gmail.com">rtebbenham@gmail.com</a>	Last Thursday, 10.00 - 12.00pm	Tove Valley Centre, NN12 7AH
Genealogy 2 Intermediate/Advanced	Judith Laslett	As above	Last Thursday 2pm-4pm	Tove Valley Centre, NN12 7AH
Genealogy 3 Beginners Group	Judith Laslett	As above	Contact Judith for details	Contact Judith for details
German Language and Culture Intermediate level.	John Riches	01727 851055. Email <a href="mailto:john.riches@abthorpe.net">john.riches@abthorpe.net</a>	Weekly on Wed evenings 7.30pm	Hosted on Zoom by John Riches.
Jazz Appreciation	Malcolm Shepherd	07889157302 <a href="mailto:malcolmshepherd@yahoo.co.uk">malcolmshepherd@yahoo.co.uk</a>	2nd Wednesday. 2-4pm	Towcester Mill
London Explorers 2 (Waiting list)	Christine Russell	01327 830012 <a href="mailto:ca.russell@btinternet.com">ca.russell@btinternet.com</a> 07734872362	3rd Tuesday <b>FULL</b>	London (Meet at MK Rail Station)
London Explorers 3	Felicity Prior	01327 340840 07760228128 <a href="mailto:felicityprior@btinternet.com">felicityprior@btinternet.com</a>	4th Thursday	London (Meet at MK Rail Station)
Mahjong	Lesley Walter	<a href="mailto:l.m.walter@btinternet.com">l.m.walter@btinternet.com</a>	2nd and 4th Tuesday 10-12pm	Members homes.
Mixed Craft	Sue Garratt	01280 702336 <a href="mailto:jamesgarrett136@btinternet.com">jamesgarrett136@btinternet.com</a>	1st and 3rd Thursday, 2-3.30pm	Meeting Room, The Brave Old Oak, Towcester
Music Appreciation	Valerie Hall	01327 439615 <a href="mailto:valerie-hall@tiscali.co.uk">valerie-hall@tiscali.co.uk</a>	1st Monday. 2-4pm	Members' homes
Nordic Walking	John Russell	01327 830012 <a href="mailto:johna.russell@btinternet.com">johna.russell@btinternet.com</a>	Monthly, 3rd Wednesday	Different places of interest.
Painting for Pleasure	Caroline Hounsham and Catherine Bullock	<a href="mailto:carolinehounsham@yahoo.co.uk">carolinehounsham@yahoo.co.uk</a> <a href="mailto:renie1275@gmail.com">renie1275@gmail.com</a>	2nd and 4th Tuesdays. 10-12pm	The Sawpits Centre, Towcester.
Pétanque	Guy Moody	<a href="mailto:micro.moody@gmail.com">micro.moody@gmail.com</a>	Fridays, 2pm	Towcestrians.
Pickleball 1	Barney and Jill Aldous	<a href="mailto:bernard.aldous@btinternet.com">bernard.aldous@btinternet.com</a>	Fridays, 9 - 10am.	Towcester Leisure Centre
Pickleball 2	Bev and Kev James	<a href="mailto:beverleyvjames@hotmail.com">beverleyvjames@hotmail.com</a>	Tuesdays 10 - 11am	Towcester Leisure Centre
Poetry Appreciation (Waiting list)	Jane Miller	01327 352274 <a href="mailto:jane.miller.towc@gmail.com">jane.miller.towc@gmail.com</a>	4th Monday AM. <b>FULL.</b>	Members' homes
Ramblers 1	Peter Cooper	01327 703292 <a href="mailto:pr.cooper@btinternet.com">pr.cooper@btinternet.com</a>	3rd Wednesday. 10am	Within 20 miles of Towcester.
Ramblers 2	Mike Hockley	<a href="mailto:mike_hockley@yahoo.co.uk">mike_hockley@yahoo.co.uk</a>	2nd Thursday. 10am	Various
Reading for Pleasure	Anne Parkes	<a href="mailto:parkespa@ymail.com">parkespa@ymail.com</a>	1st Friday. 10am	Tove Valley Centre, NN12 7AH
Reading between the crimes	Karen Campbell	07590122264 <a href="mailto:karensacre@hotmail.co.uk">karensacre@hotmail.co.uk</a>	1st Monday. 2pm	Watermeadows Room, Towcester Library.
Recorder Group	Lynne Tebbenham	01327352139 <a href="mailto:lynne.teb@gmail.com">lynne.teb@gmail.com</a>	Contact Lynne for details, currently on 1st and 3rd Fridays but flexible!	Flexible location.
Science for All <b>Waiting List</b>	Barry Prior	<a href="mailto:barry.prior@btinternet.com">barry.prior@btinternet.com</a>	1st Thursday. 10am	The Sawpits Centre, Towcester.
Scrabble	Claire Griffiths	01604 862708 <a href="mailto:claire.g29@btinternet.com">claire.g29@btinternet.com</a>	2nd and 4th Wednesday. 10.30am From Oct. 12th.	The Forum, Towcester Library.
Spirituality	Sue Cutts	<a href="mailto:s.j.cutts47@gmail.com">s.j.cutts47@gmail.com</a>	Tuesday 9th April	29 Juniper Close. Towcester.

TOPIC	Group Leader	Contact Details	When	Where
Striders ( 6-8 miles )	Jill Stewart	07967103823 <a href="mailto:jillstewart@doctors.org.uk">jillstewart@doctors.org.uk</a>	2nd Wednesday 9.15am	Within 20 miles of Towcester.
Strollers group ( up to 3 miles )	Jill Stewart	<a href="mailto:jillstewart@doctors.org.uk">jillstewart@doctors.org.uk</a>	3rd Thursday. 10am	Various locations.
Sunday Lunch Group	Lyn Humm	<a href="mailto:lynhumm@hotmail.co.uk">lynhumm@hotmail.co.uk</a>	Last Sunday 12.30pm	Various locations.
Table Tennis	Jonna Conquest	07306078090 <a href="mailto:jonnabo47@gmail.com">jonnabo47@gmail.com</a>	Thursdays, 11-12.30pm	Tove Valley Centre, NN12 7AH
Theatre visits	Lesley Bradshaw and Judith Baines	Lesley Bradshaw <a href="mailto:lesleyj22@hotmail.com">lesleyj22@hotmail.com</a> Judith Baines <a href="mailto:judeat11@hotmail.com">judeat11@hotmail.com</a>	Various	Milton Keynes Theatre.
Understanding the Stock Market	Andrew Pearson	<a href="mailto:andrew4.investing@gmail.com">andrew4.investing@gmail.com</a> 07798.567867	2nd Tuesday of the month at 2pm	The Hearts of England, co-op Funeral Room, Towcester.
<b>NON-Towcester U3A Groups</b>	<b>Pilates</b>	<b>Contact: Jenny Rigby</b>	<b>01327 860252</b> <b><a href="mailto:jrigby9@gmail.com">jrigby9@gmail.com</a></b>	
	<b>Tai Chi</b>	<b>Contact: Jenny Rigby</b>	<b>01327 860252</b> <b><a href="mailto:jrigby9@gmail.com">jrigby9@gmail.com</a></b>	
	<b>Ballet and Tap dancing</b>	<b>Contact Gayna Mcnamee</b>	<b><a href="mailto:gayna.l.mcnamee@gmail.com">gayna.l.mcnamee@gmail.com</a></b>	Towcester Town Hall, 12.45-1.30, and 1.45-2.15.
<b>TIMETABLE SUMMARY By Weekday</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>	<b>Morning</b>
Badminton, Bookclub, Chess, Coffee and current affairs, Poetry Appreciation.	Collectables, Art Appreciation 1, Boys Toys 1, French, London Explorers 2, Painting for Pleasure, Mahjong, Pickle Ball 2,	Boys Toys 2, Church Visits, Garden Visits, Knit and Natter, Nordic Walking, Ramblers 1, Striders, Scrabble. Birdwatching.	Art Appreciation 2, Board games, Genealogy1, London Explorers 3, Ramblers 2, Science for All, Table Tennis, Strollers	Alternative Poetry, Creative Writing, Pickleball, Reading for Pleasure. Coffee and cake explorers.
<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>	<b>Afternoon</b>
Bridge, Music Appreciation, Reading between the crimes.	Canasta. Understanding the Stock market.	Canasta, Gardening, Garden Visits, Jazz Appreciation. Scrabble. German Language and culture (evenings 7.30) Ballroom dancing.	Dutch language, Folk Dancing, Genealogy 2, Mixed craft.	Pétanque.
Keep up to date: <a href="http://www.facebook.com/groups/towcesterU3A">www.facebook.com/groups/towcesterU3A</a>	<a href="http://www.towcesteru3a.co.uk">www.towcesteru3a.co.uk</a>	Towcester u3A is a registered charity. (No: 1155428)		